



Return to Training during Covid-19 - Risk Assessment

Version 4 – 06/03/2021 (Author – Theresa Goss)

The risks listed in this document are mainly in relation to the COVID-19 Virus. It is assumed that risks existing pre COVID-19 still apply if not specifically mentioned.

- Event: Coaching Sessions & Match Days 2020/21 Season DATE: 06/03/2021
- Club Chairman: Mike Aspinall Mobile: - 07977 421110
- Secretary: Theresa Goss Mobile: - 07971 980803
- Safeguarding Officer: Emma Jackson Mobile: - 07903 116579
- Covid-19 Officer: Wayne Campbell Mobile: - 07967 712067
- Venue: Middleton Cheney FC, Astrop Rd, Middleton Cheney, Banbury, Oxon.
- Venue Lead Contact Name: Mike Aspinall Mobile – 07977 421110
- Emergency Action Plan: - See MCFC Club EAP
- Location of nearest defibrillator: 1-MCFC Changing Rooms 2-CO-OP Pharmacy Main Rd, Middleton Cheney
- Location of any access barrier keys: Main Gate Key in Changing Pavilion / Pavilion Keys accessed via rear changing room.
- Emergency vehicle access: Via Astrop Rd, Middleton Cheney (Field barrier unlocked and needs to be shifted across)
- Air ambulance landing station: On the Playing Field

Club Policies & Procedures in place: Yes

- Safeguarding children
- Social media use
- Use of photography and filming
- Anti-bullying
- Code of Conduct, including acceptable behaviour
- Equality, diversity and inclusion
- Managing challenging behaviour
- Other(s): e.g. parent/carer consent

Insurance Cover in place: Yes

- Personal Accident and Public Liability insurance cover



FOR ALL

Self-Screen Checks for Participants

Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.	Check negative	Check positive
A high temperature (above 37.8°C) <ul style="list-style-type: none"> Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff. 	<input type="checkbox"/>	<input type="checkbox"/>
A new continuous cough.	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of breath.	<input type="checkbox"/>	<input type="checkbox"/>
A sore throat.	<input type="checkbox"/>	<input type="checkbox"/>
Loss of or change in normal sense of taste or smell.	<input type="checkbox"/>	<input type="checkbox"/>
Feeling generally unwell.	<input type="checkbox"/>	<input type="checkbox"/>
Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.	<input type="checkbox"/>	<input type="checkbox"/>

RISK CATEGORY	RISK IDENTIFIED	CONTROLS & ACTIONS	ADDITIONAL COMMENTS	RISK RATING High/Med/ Low
Travel to & from the venue	Parents / Players spreading virus via car sharing / use of public transport.	<p>Encourage socially-distant forms of transport (e.g. cycling and walking). All other forms of transport should be considered before public transport.</p> <p>Government guidance should be followed at all times</p> <p>Adults and children should only travel with a member of their household or someone within their 'support bubble'</p>	Discuss with club officials and parents the options of how best to manage social distancing amongst parents who bring their children to the activity, e.g. staying in their own cars, or in separate social-distancing 'gatherings' of up to six people.	Med
	Unable to track and trace contacts for any positive participant / attendee	Register of those who attend sessions (to aid NHS Test and Trace if needed)	<p>Club / Coaches to maintain accurate records as per GDPR policy.</p> <p>Data Privacy Policy / Notices updated to cover data handling of attendees to aid NHS Test and Trace</p>	Low

Safeguarding	Players could be physically or mentally unprepared for sessions following 1 month in lock down	Coaches to be fully aware of physical and mental support players will need – players should not be pushed physically hard during initial sessions		Low
	Non-compliance with normal FA Safeguarding Policies & Procedures	Ensure coaches Safeguarding qualification is in date and that coaches are familiar with and have revisited FA Safeguarding P&Ps where required		Low
	Participant additional needs, e.g.: Deaf players (BSL signers) Blind players Wheelchair accessibility Learning disability Autism ADHD Pan-disability Impairment-specific	All adjustments made to support participants as required.		Low
	Lack of knowledge about the current guidelines/restrictions we are required to follow	Ensure all coaches have received a copy of FA guidelines for coaches, plus fully aware of additional Club issued guidelines		Low
		Ensure all players & P/Gs (for players under 18) have received a copy of FA guidelines for players & PGs, plus fully aware of additional Club issued guidelines		Low
	Parent / Guardian Awareness	Parents briefed on activity and have given informed written consent to do activity		Low
	Coach to Player ratios: Defined lead/support roles;	As per FA Safeguarding Guidance Note 5.5	NSPCC Recommended Ratio's 0 to 2 years – one adult to every 3 children (1:3) 2 to 3 years – one adult to every 4 children (1:4) 4 to 8 years – one adult to every 6 children (1:6) 9 to 12 years - one adult to every 8 children (1:8)	Low

			13 to 18 years – one adult to every 10 children (1:10)	
Cross Contamination & Spreading of the Virus	Coaches, Players or Spectators who could be CV-19 positive present at sessions	Participants trained to do self-screen checks before travelling to session. (See above table for check requirements) Anyone showing symptoms before or during a session (or confirmed positive), or if anyone within household bubble showing symptoms (or confirmed positive) asked to stay at home / return home as per Government guidelines	If any of these symptoms do apply, the player cannot participate. They should return to and stay at home and follow NHS advice.	Med
	Covid-19 Protocols not understood by club staff, volunteers or participants.	Covid-19 protocols briefings done with club members		Low
		Covid-19 protocols briefings shared and practised with committee/ volunteers		Low
		Coaches trained to check that self-screen checks have been done and were all negative.		Low
	Contamination via equipment	All equipment should be thoroughly sanitised before each session		Low
		Touching of equipment: Ball handling should be kept to a minimum with most contact via a boot and the ball disinfected in breaks of play. Equipment should not be shared & goalkeepers should ensure that they disinfect their gloves regularly in breaks in training. Where possible coaches should only handle equipment in training.		Low
		All players should bring their own labelled water bottles and place them at a designated water station to maintain social distancing.		Low
	Players / Officials at risk due of contracting virus due to close contact	Competitive training is now permitted As well as competitive match play, with social distancing in place before & after the	Playing areas clearly marked to support social distancing e.g. Participant water stations, spectator	Low

		match and in breaks of play.	areas.	
		Remind parents / guardians of younger players to ensure laces are tied securely before training begins		Low
		Hand sanitiser should be readily available at all sessions.		Low
		Water stations should be laid & clearly labelled individual water bottles.		Low
		Players advised no spitting during any point of the session		Low
		Group sizes / bubbles and distancing must be adhered to as per the current FA guidelines.	Groups limited to a maximum of 30 people including the coaches.	Low
		Ensure coaches and players understand social distancing does not permit handshakes, high-fives & goal celebrations should be avoided.		Low
		Youth football coaches are encouraged to limit persistent close proximity of participants during training.		Low
		Changing Rooms/Showers Closed	Arrive already changed ready to play / officiate.	Low
	Access to Toilets / Hand-washing facilities	Access limited to one at a time for toilet use to maintain social-distancing.	Signs to be clearly displayed.	Low
		Paper towels and sealed bins or double bagged		Low
	Parents & Guardians at risk due of contracting virus due to close contact	Parents should maintain social distancing as per current Government / FA guidelines at all sessions		Low
		Participants should follow best practice for travel including minimising use of public transport and walking or cycling if possible. People from a household or support bubble can travel together in a vehicle.		Low
Injury/First Aid	Players / Coaches at risk of contracting virus when receiving or providing first aid treatment.	All normal Emergency First Aid policies in place including the presence of a suitably stocked First Aid bag at every session.		Low

	Players / Coaches at risk of contracting virus when receiving or providing first aid treatment.	If a player gets injured, a qualified first aider, member of their household or support bubble can aid them, but others will still need to socially distance unless a life or limb-threatening injury necessitates compromising guidelines to provide emergency care.		Low
		The coach as a qualified emergency first-aider or other medical personnel present will be equipped with the appropriate PPE to protect themselves and others including if they need to compromise social-distancing guidelines to provide emergency medical assistance.	PPE includes protective gloves and face mask to cover nose and mouth of first aider.	Low
	PLI & Accident Insurance Policies invalid and not providing cover during current period of virus outbreak.	Check made with insurers that all PLI and Accident policies valid during current period.		Med

RISK ASSESSMENT COMPLETED BY:

- NAME: T Goss
- CLUB ROLE: Secretary
- SIGNATURE: T.Goss
- DATE: 06/03/2021

CHECKED BY CLUB COMMITTEE MEMBER:

- NAME: M.Aspinall
- CLUB ROLE: Chairman
- SIGNATURE: M.Aspinall
- DATE: 06/03/2021

